

Magdalene Kihara  
Nurse Tech | Student Nurse (ABSN)  
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## **PROFESSIONAL SUMMARY**

Compassionate and experienced Certified Nursing Assistant with over 20 years of patient care experience in acute care, telemetry, and long-term care settings. Currently an ABSN student at Pacific Lutheran University with hands-on clinical experience in hospital environments, including medical-surgical and obstetric care. Strong in patient monitoring, communication, and teamwork, seeking a Nurse Technician role to further develop clinical skills while supporting safe, high-quality patient care under RN supervision.

## **CORE SKILLS**

- Vital signs monitoring and continuous patient observation
- Telemetry support and EKG lead placement
- Activities of daily living (ADLs) and patient-centered care
- Patient mobility and fall prevention
- Point-of-care glucose testing
- Bladder scanning and urinary retention monitoring
- Foley catheter and NG tube care
- Specimen collection, I &Os
- Infection prevention and control
- Epic electronic documentation
- Patient rounding and safety checks
- SBAR communication and reporting
- Clinical documentation (EHR/Epic systems)
- Patient assessment support under RN supervision

**PROFESSIONAL EXPERIENCE**  
Providence Regional Medical Center - Everett, WA

Certified Nursing Assistant | January 2024 - 2025

- Provides direct patient care to medical-surgical and telemetry patients
- Monitors vital signs and assists with continuous cardiac telemetry monitoring
- Reports changes in patient condition using SBAR to RN and interdisciplinary team
- Assists with mobility, hygiene, and safety measures
- Collaborates closely with RNs and interdisciplinary teams
- Maintains accurate documentation in Epic
- Supports nursing staff in acute care/telemetry setting, reinforcing clinical judgment, prioritization, and patient safety

**Student Nurse Intern (ABSN Clinical Rotation)**

Providence Regional Medical Center - Everett, WA

September 2025 - Present

- Supports patient care under RN supervision while enrolled in an accelerated nursing program
- Assists with assessments, ADLs, mobility, and documentation within student scope

**VIPA's Adult Family Home – Everett, WA**

Certified Nursing Assistant (Per Diem) | February 2017 - Present

- Provides coordinated care for residents and ensures adherence to individualized care plans
- Monitors clinical status and communicates changes to providers
- Trains and mentors staff to improve quality of care
- Assists in providing ADLs and personal care under RN supervision **Careforce Home**

**Care Agency - Lynnwood, WA**

Certified Nursing Assistant | September 2005 - February 2017

- Delivered individualized patient care including vital signs monitoring, mobility, and ADLs
- Collaborated with nurses to support patient safety and outcomes

## **EDUCATION**

Accelerated Bachelor of Science in Nursing (ABSN)

Pacific Lutheran University - Expected August 2026

Relevant clinical experience: Obstetrics, Postpartum, Med-Surg (in progress)

Bachelor of Arts - University of Washington Bothell

Associate of Arts - Edmonds College

## **CERTIFICATIONS**

- Active Washington State CNA License (Since 2005)
- BLS -American Heart Association (Expires 08/2027)
- Epic Electronic Health Record (EHR) - Trained and certified